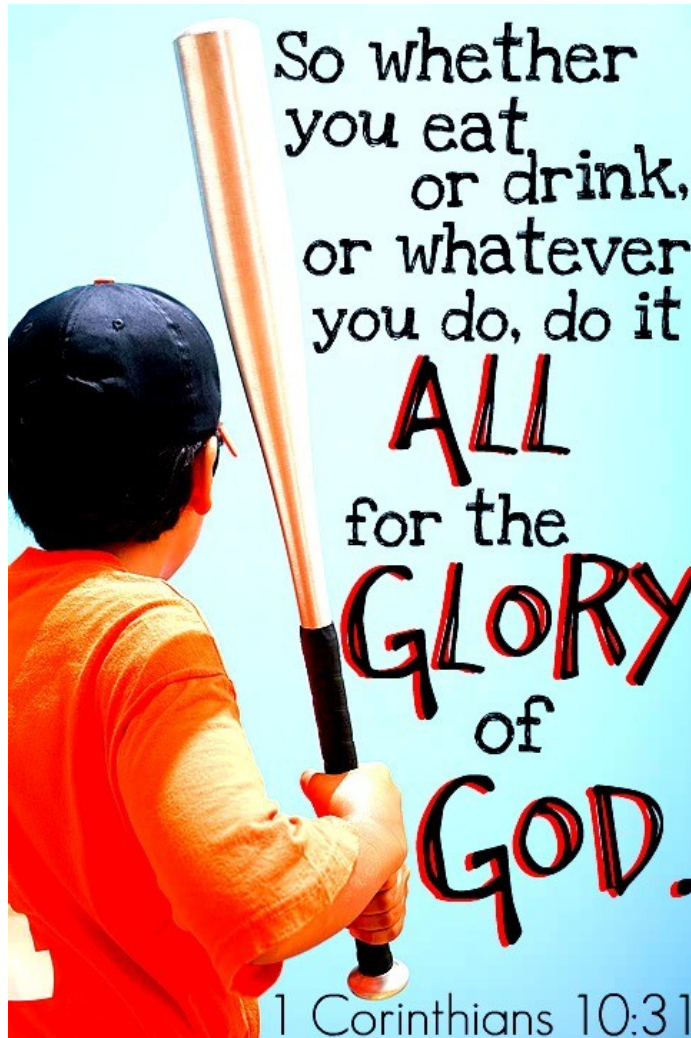


# North Trenholm Baptist Church



## 2015 Baseball Coach's Handbook



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## **NTBC YOUTH BASEBALL LEAGUE GOALS**

1. To tell the greatest story ever told (the good news of Christ) through the greatest game ever played (baseball).
2. To provide a baseball league for kids that is free of the “win at all cost” attitude.
3. To provide Christian role models for kids.
4. To demonstrate the Spirit of Christ through baseball.
5. To allow all players to have equal participation and FUN!

NOTE: Because of safety concerns, **NO** pets are to be allowed at games or practices.

## **GUIDELINES FOR ALL NTBC COACHES**

1. The head coach must be born-again Christian who displays a Christ-like character.
2. Use of profanity, tobacco or alcohol while in the presence of any players is prohibited.
3. At least two adult coaches must be present at all practices and games.
4. Coaches must not exhibit disagreement with an umpire's call. The coach may question the call in a civil and quiet manner after timeout has been called. If there is a question about a ruling, it may be brought to the league director or his designated official on site.
5. Objectives for Coaches:
  - a. To help players to develop spiritually, emotionally and physically.
  - b. To help players learn to have fun while playing the great game of baseball.
  - c. To urge players to give their best effort in all situations.

## RULES FOR T-BALL

1. Games will last three innings or 1 hour and 15 minutes. You are encouraged to play extra innings if time allows.
2. No score will be kept.
3. All players will play defense each inning. Placement dots are a great idea.
4. All players will bat each inning.
5. Coaches and parents are encouraged to participate on the field when on defense.
6. No team chatter to distract players or single any player out will be tolerated.
7. One adult **MUST** be in the dugout when batting to organize batting order and supervise the players.
8. The first three games will be T-Ball only. Please try and work on fundamentals during these games. Stance, eyes on the ball, grip, relax, etc.
9. The rest of the season coaches may pitch to their players. A player is allowed four swings. If a player swings four times, the ball will be placed on a tee to be batted.

## **RULES FOR COACHES PITCH**

1. Each team must have 8 players for an official game.
2. Games will last six innings or 1 hour and 15 minutes. No new inning will begin after 1 hour and 15 minutes from the beginning time. Ties after 1.5 hours will be declared ties.
3. Ten players in field on defense.
4. When team scores five runs or three outs the inning is over.
5. The batting team will provide a **pitcher** and **back catcher**. Neither of these coaches may coach runner as they run the bases. The coach pitching, once the ball is hit, must move outside of foul lines, without interfering in the play.
6. Each batter is allowed five pitches/three swings which ever comes first per at bat. Fouls on the third swing or fifth pitch draws an extra pitch.
7. No more than six players may be on the infield during the pitch.
8. The player playing the pitchers position must wear a helmet with a facemask.
9. No intentional bunts.
10. Runners may advance until the coach pitcher or the defensive player has the ball on the mound. Defensive players may stop the runners by taking the ball and touching the base in front of and nearest to the first runner.
11. Lines halfway between the bases will determine the placement of base runners.
12. ONE defensive coach is allowed in the field of play.
13. No defensive player may be allowed in front of the pitchers rubber during the pitch.
14. One adult must be in the dugout when batting to organize batting order and supervise players.
15. No team chatter to distract players or single any player out will be tolerated.

# **MINOR & MAJOR LEAGUE RULES**

We will follow the Dixie Youth League rules, with the following exceptions:

1. All players present will bat regardless if they are playing the field.
2. All batters will be required to wear batting helmets while batting, coaching and while on base.
3. Minor League barrel size - 2 1/4; Major League is allowed to use big barrel bats in Ozone.
4. All players should play an equal amount of time in the field.
5. Negative chatter will not be allowed.
6. If a team scores **5** runs in an inning, that half inning immediately ends except in the last inning. During the last inning, an unlimited number of runs is allowed.
7. Time Limits:
  - Minor League - 5 innings or 1-1/2 hours, whichever comes first.
  - Major League - 6 innings or 1 1/2 hours, whichever comes first.
  - Regardless of score, ties will only be broken in tourney.
  - No new inning will begin after 1 hour 25 minutes. However, if the time runs out in the middle of an inning, that inning will be played to completion.

## **Pitching Rules**

1. A pitcher may not pitch more than 6 innings per week.
2. If a pitcher pitches more than 1 inning in a game, that pitcher must wait 48 hours before their next outing. Pitching an inning is constituted as throwing at least **1** pitch to a batter during an inning.
3. A pitcher may only pitch 2 innings per night in **Minors** and 3 innings per night in **Majors**